**PG Diploma in Traditional Acupuncture 2019-21 Timetable**

**First year: September 2019- July 2020**

2 modules to be completed over 10 weekends:

Module 1: Principle and meridians of TCM

Module 2: Acupuncture techniques

Students are also expected to complete 100 hours case study assignment alongside their study of the first two modules in year 1. These case studies can be done in any clinics, by observation. The study must be recorded.

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| **No of weeks** | **Date** | **Topics**  | **Lecturer**  |
| **Module 1. TCM Foundation and Meridians**  |  |
| 1 | 28 & 29Sept 2019 | 1. Chinese medicine history
2. Eight principles, Yin Yang and five elements
3. Jin, Qi, Shen and other substance
 | Dr Mei Xing |
| 2 | 26 & 27Oct 2019 | 1. Causes of diseases and eight principles
2. Tongue and Pulse diagnosis
 | Dr Nita  |
| 3 | 30 Nov & 1 Dec 2019 | 1. Zangfubianzhen, heart, lungs patterns with case studies
2. Zangfubianzhen, liver, spleen and kidney patterns with case studies
 | Dr Mei Xing  |
| 4 | 25 & 26 Jan 2019 | 1. Asking and smelling (listening) diagnosis
2. Pathogenesis
3. Case study
 | Dr Mei Xing  |
| 5 | 22 & 23 Feb 2020 | 1. Revision
2. Meridians and collaterals
3. Points location practice on hand meridians
 | Dr Mei XingSandra |
| **Module 2: Acupuncture Techniques and Clinical Reasoning**  |  |
| Session 1 | 28 & 29 Mar 2020 |  **1st Exam (written)**Day 1. 1. Foot meridians and points location (tai yang and shao yin )

Day 2.1. Safe and competent needling techniques.
2. Protocol of acupuncture clinical practice;
3. Health and Safety issues;
4. Manipulation, deqi, bu and xie
 | Dr Mei Xing |
| Session 2 | 25 & 26 April 2020 | Day 11. Foot meridians and points location (shao yang and jue yin)
2. electric and auricular acupuncture

Day 21. Introduction of FSN

**Deadline for A Post Presentation about TCM theory 20 mins** | Dr Nita Dr Ya Xiong Zhang  |
| Session 3 | 30 & 31 May 2020 | Day 1. 1. Foot meridians and points location (yang ming and tai yin)

Day 2. 1. introduction of Scalp acupuncture
 | Dr Mei XingDr Tian Jun Wang  |
| Session 4 | 27 & 28 June 2020 | Day 1 1. Moxa and cupping

Day 21. Introduction of Abdominal acupuncture
 | Dr Sui Yun Huang  |
| Session  5  | 25 & 26 July 2020 | 1. Clinical practice
2. **Revision and exam (practical exam)**
 | Dr Mei Xing  |

**Second year: September 2020- July 2021**

2 modules to be completed over 10 weekends:

Module 3: Acupuncture for common symptoms

Module 4: Clinical Practice: 100 hours. These must be completed on site at MATCM.

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| **No of weeks** | **Date (TBC)** | **Topics** | **Lecturer**  |
| **Module 3: Acupuncture for Common Diseases (symptoms)** |  |
| Week 1 | Day 1  | Acupuncture for respiratory conditions1. Common cold
2. Cough
3. Asthma
4. Sinusitis and rhinitis
 | Dr Mei Xing |
|  | Day 2  | Acupuncture for cardio logical conditions 1 day1. Palpitation
2. Chest bi
3. Case discussion
 | Dr Mei Xing |
| Week 2 | Day 1  | Acupuncture for Muscular Pain1. Bi syndrome
2. Back pain
3. Neck and shoulder pain
 | Dr Minjun Li  |
|  | Day 2  | Acupuncture for digestive system conditions 1 day1. Stomach pain
2. IBSc.
3. Constipation
 | Dr Mei Xing |
| Week 3 | Day 1  | Acupuncture for mental health 1. Anxiety
2. Insomnia
3. Depression
 | Dr Mei Xing  |
|  | Day 2  | Acupuncture for others1. ME
2. MS
3. Fibromyalgia
 | Dr Zhang  |
| Week 4 | Day 1  | (Cont) Acupuncture for Others 1. Dizziness
2. Headache
3. Stroke
4. Bell’s palsy
 | Dr Mei Xing  |
|  | Day 2  | Acupuncture for Common Skin ConditionAcupuncture for Gynaecological conditions | TBC |
| Week 5 | Day 1 | Cont . Acupuncture for gynaecological conditions Acupuncture for woman during pregnancy | Dr Mei Xing  |
|  | Day 2 | Case study Revision  | TBC  |

**Module 4: Clinical Practice- 100 hours. These must be completed on site at MATCM or at our approved satellite clinics, under supervision**